

Your healthcare provider referred you to the **#1 doctor-recommended weight-loss program***



**Weight Loss that Works.
Wellness that Works.™**

Why WW works

It's made with YOU in mind.

Our program is **customized to meet your needs**, starting with a science-based personal assessment. It matches you with a food plan that best aligns with your lifestyle and food preferences. You'll lose weight eating what you love—what's not to love about that?

It's backed by science.

With over 100 clinical studies, WW's proven program is **built on decades of research**. No calorie counting, no fads—just proven science. And it's ranked the #1 best diet by U.S. News and World Report for 11 years in a row.

It sets you up for success.

What's in your head is as important as what's on your plate. WW gives you the **tools to adopt new healthy habits** and shift your mindset to one that helps you reach your goals. And support is always at your fingertips with our 24/7 Live Coaching feature, available in the WW app, and Connect, our members-only social network.

Join for Free + Get First 3 Months Free⁺

with purchase of select plans

Two ways to join at ww.com/HCP

Digital Our easy-to-use app will guide you. It provides tools to track food, weight, and activity; chart your progress; learn new stay on-track skills; connect with other members; and more.

Unlimited Workshops + Digital Choose between in-person or Virtual Workshops. WW Coaches provide live support and teach strategies that will help you on your journey. (Includes all digital tools.)



Visit ww.com/HCP
or scan the QR code to join.

*Based on a 2020 Provoice survey of 14,000 doctors who recommend weight loss programs to patients.

***Offer Terms:** Get a waiver of our \$20 Starter Fee and your first 3 months free with purchase of select 6-month membership plans. Offer ends 12/31/2022. Plans auto-renew at the end of the applicable plan period, and you will be charged monthly thereafter at the standard monthly fee until you cancel. Offer available to new and rejoining members only. Early termination fees apply. Workshop (formerly Meetings) + Digital plans available in participating areas only.