



	SmartPoints® value		
	● Green	● Blue	● Purple
Tequila and Tonic	5	5	5
Amalfi Spritz	7	7	7
Lillet Fizz	8	8	8
Cosmo Americano	7	7	7
Mango Mexican Mule	5	5	5
Sgroppino	7	7	7
Tomato Bruschetta	4	4	4
Lemon Caper Deviled Eggs	4	1	1
Water Chestnuts Wrapped in Bacon	5	5	5
Crab Toast	5	4	4
Fig and Pepita Goat Cheese Log	4	4	4
Celery with Cream Cheese and Everything Bagel Seasoning	3	3	3
Blue Cheese-Stuffed Dates	11	11	11
Prosciutto Crisps	2	2	2
Crispy Artichoke Hearts	2	2	2
Herbed Cheese with Crostini and Radishes	7	7	7
Hot Roasted Eggplant Dip	12	12	12
Bloody Mary Shrimp Cocktail "Ceviche" with Plantain Chips	10	9	9
Iceberg Disk Salad	8	8	8
Grilled Sweet Potato and Arugula Salad	3	3	1
Arugula, Fennel, and Citrus Salad	5	5	5
Shaved Brussels Sprouts Salad	7	7	7
Greek Salad with Creamy Feta Dressing	9	9	9
Roasted Carrots and Red Leaf Lettuce Salad with Ranch Dressing	7	7	7
Spicy Kale Caesar with Crispy Onions, Almonds, Avocado, and Croutons	9	9	9
Purple Cauliflower and Red Cabbage Salad	5	5	5
Lobster Cobb	6	5	5
Grilled Tuna Salad with Miso-Carrot-Ginger Dressing	6	5	5
Oil and Vinegar Herbed Potato Salad	11	11	6
Red Curry and Lentil Squash Stew	4	4	4
Chipotle Carrot Soup	5	5	5
Broccoli Green Curry Coconut Soup	6	6	6
Creamy Parmesan Cauliflower Soup	3	3	3
Cannellini and Escarole Soup	7	4	4
Harissa Butternut Squash Soup	3	2	2
White Chicken Chili	11	7	7
Classic Chicken Noodle Soup	7	6	6
Spicy Buttermilk Grilled Chicken	6	6	6
Penne Pie	11	10	10

	SmartPoints® value		
	● Green	● Blue	● Purple
Beef Stroganoff	11	11	11
Pork Chops with White Beans, Fennel, and Onions	7	5	5
Turkey Meatloaf	7	6	6
Quick Chicken Cutlet Saltimbocca	10	6	6
Skillet Broiled Shrimp	10	8	8
Cheat Sheet Sausage, Peppers, and Onions with Polenta	10	10	10
Easy Cast-Iron Skillet Pizza	6	5	5
Women's Club Chicken Legs	11	11	11
Grilled Red Curry Lamb Chops	8	8	8
Simple Mashed Potatoes	11	11	8
Cornbread Dressing with Herb Butter	6	6	6
Kale Slaw	5	5	5
Roasted Brussels Sprouts with Fresno Chile, Capers, and Parmesan	3	3	3
Mushroom and Pea Cauliflower "Risotto"	6	6	6
Soy and Lemon Roasted Broccoli	2	2	2
Sweet Potatoes with Cumin Yogurt, Pomegranates, and Pistachios	6	6	2
Herbed Oven Fries	7	7	5
Crunchy Ranch Corn on the Cob	7	4	4
Grilled Eggplant with Lemon, Tahini, and Mint	4	4	4
Roasted Red Curry Acorn Squash	2	2	2
Miso Twice-Baked Japanese Sweet Potatoes	8	8	5
Swiss Chard with Almonds and Raisins	2	2	2
Chocolate Cherry Ice Cream Bonbons	8	8	8
Grandma's Whoopie Pies	10	10	10
Miso Chocolate Chunk Cookies	12	12	12
Chocolate Pudding	11	11	11
Stone Fruit Crisp	7	7	7
Eggs in Purgatory	8	6	6
6, 8, 10 Boiled Eggs	2	0	0
Brown Sugar and Sriracha Bacon	7	7	7
Pineapple Green Smoothie	0	0	0
Banana Coffee Smoothie	5	5	5
Smoothie Bowls	2	2	2
Basil Zucchini Frittata	7	3	3
Blackberry Cornbread Muffins	11	11	11
Fluffy Pancakes	8	7	7
Simple Scrambled Eggs with Chives	7	3	3
Mom's Granola	10	10	8
Drop Biscuits	7	7	7
Berry Quinoa Porridge	8	8	4