

Your healthcare professional referred you to the **#1 doctor-recommended weight-loss program***



weightwatchers reimaged

Why WW works

It's made with YOU in mind With *myWW+*[™], our most customized program, a science-based personal assessment matches you with a food plan that best aligns with your lifestyle and food preferences. You'll lose weight eating what you love—what's not to love about that?

It's backed by science WW's proven SmartPoints[®] system is built on decades of research. No calorie counting, no fads—just proven science.

It sets you up for success What's in your head is as important as what's on your plate. WW gives you the tools to adopt new healthy habits and shift your mindset to one that helps you reach your goals. And support is always at your fingertips with our 24/7 Live Coaching feature, available in the WW app, on the WW website, and on Connect, our members-only social network.

Join for FREE + first 3 Months FREE[‡]

with purchase of select plans.

2 ways to join



Digital Our easy-to-use app will guide you. It provides tools to track food, weight, and activity; chart your progress; learn new stay-on-track skills; connect with other members; and more.



Unlimited Workshops + Digital Get access to our weekly Workshops (including virtual). WW Coaches and Guides provide live support and teach strategies that will help you on your journey.

Includes all digital tools.



Kick off your journey to a healthier you.
Visit ww.com/hcp to join.

Wellness that Works.[™]

*Based on a 2020 Provoice survey of 14,000 doctors who recommend weight loss programs to patients.

Offer Terms: Get a waiver of our \$20 Starter Fee and your first 3 months free with purchase of select 6-month membership plans. Offer ends 12/31/2021. Plans auto-renew at the end of the applicable plan period, and you will be charged monthly thereafter at the standard monthly fee until you cancel. Offer available to new and rejoining members only. Early termination fees apply. Workshop (formerly Meetings) + Digital plans available in participating areas only.

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Yvonne,
WW member,
lost 29 lbs[†]

[†] People following the WW program can expect to lose 1-2 lbs per week. Yvonne lost weight on a prior WW program and is continuing on myWW.

Yvonne's story

I used to be on eight medications to manage my weight and health, but it wasn't working. So when a new doctor suggested that I join WW, I decided to give it a go. I was shocked to learn I was blowing through my SmartPoints[®] Budget by noon. I tweaked what I ate, swapping my morning granola bars for scrambled eggs with broccoli, turkey, and salsa. The weight started coming off and my health improved with each lost pound. Now I've been taken off almost all of my meds! ”

Start your own success story!

Millions of members have lost the weight and found so much more. Sign up today to join our powerful community.