



Frequently asked questions

Q: What is WW?

A: WW is Weight Watchers reimagined. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

Q: Why is Independent Health partnering with WW?

A: Independent Health has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, at a reduced cost.

Q: Who can take advantage of the WW offerings?

A: All **Health Extras** members are eligible to participate in the discounted offering. Workshop (which used to be called “meetings”) offerings are not available in some areas in the U.S. To find out if the county you reside in is a non-participating area, please visit:

<http://wwfranchisecountylist.com>

Virtual Workshops are also available as part of the Digital + Workshops program.

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

Q: If I register for WW, will my membership and weight information be kept confidential?

A: Yes, it will. Although Independent Health will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

Q: If I'm a current WW member can I receive the special pricing?

A: Of course! There's an option to link your current account through your company's registration process. If you have any issues, call WW at 1-866-237-6032 for assistance with getting your membership switched.

Q: What are the WW offerings and monthly cost through Independent Health?

A: You can choose the plan that fits your lifestyle.

Offering 1: Digital

\$17.95 per month

Offering 2: Digital + Workshops

\$40.45 per month

Q: How do I cancel my WW membership?

A: Our cancellation process is hassle-free. You can easily cancel your membership on our website. Simply log in to your account, go to “Settings,” > “Account” to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204- 2885.

If you have already been billed for your next month, call

866-204-2885 to receive a full refund for the upcoming month. Please note that you will not receive a refund for the month in which you cancel, except as provided in the Cancellation Policy.

Join WW today! Visit ww.com/us/IndependentHealth and follow the instructions to get signed up!

Questions? Call 866-204-2885 or email wellnesshelp@weightwatchers.com (Monday – Friday 8am – 10pm ET; Saturday 11am-5pm ET)