



# A happier, healthier life starts here.

**EHA Wellness** is committed to helping you reach your wellness goals—to lose weight, eat healthier, move more, develop a more positive mindset, or all the above by **offering special discounted rates** for the **WW (Weight Watchers® Reimagined)** offerings listed below. Join WW, and you’ll get access to lots of exciting features, including exclusive mindset content through Headspace®, and incredible products and experiences through our rewards program, **WellnessWins™**.

**WW welcomes everyone who seeks to be healthier, not just those who seek to manage their weight.**

Choose the offering that’s right for you. Offerings include the following features:	Digital	Digital + Workshops
<b>Easy-to-use app and website</b> Track your food, activity, and weight any time with our Digital tools.	✓	✓
<b>Endless food options</b> With our database of 4,000+ delicious recipes, you’ll eat what you love and lose weight.	✓	✓
<b>Total support in real time</b> Get help and answers from a WW Coach 24 hours a day, seven days a week in 24/7 Expert Chat.	✓	✓
<b>Connect with our online community</b> , day or night, for inspiration and motivation.	✓	✓
<b>Inspiration and connection</b> Share your journey with a group of fellow members through weekly Wellness Workshops (virtual or in-person in the community*).		✓
<b>WW Retail Pricing</b>	\$19.95	\$44.95
<b>WW/EHA special discounted pricing per month (employees)</b>	\$16.96	\$38.22
<b>EHA BCBS contribution per month*</b>	<b>\$8.48</b>	<b>\$8.48</b>
<b>Member, Spouse &amp; Retiree (EHA plan carriers) price per month*</b>	<b>\$8.48</b>	<b>\$29.74</b>

## Join WW today!

**You will need your EHA Code:** the code starts with your initials (ex AA123456)

\*Only EHA Wellness participants carrying insurance through the EHA health plan with Blue Cross and Blue Shield are eligible for the subsidized member price (\$8.48 & \$29.74). Participants not on the health plan through EHA will be eligible for the discounted price only (\$16.96 & \$38.22)

1. If you are a member, spouse or retiree on the BCBS health plan, reach out to [contact@ehawellness.org](mailto:contact@ehawellness.org) to verify and get added as eligible for the special rate. If you are not on a medical plan, proceed to step 2 and enroll as an “employee”
2. Visit [ww.com/us/EHAWellness](http://ww.com/us/EHAWellness)
3. Click the “Join Now” button,
4. Enter the **EHA Access ID: 13255015**

**Questions or already a member?** Call **866-204-2885** (Monday-Saturday 8:00 a.m.-2:00 a.m. EST; Sunday 8:00 a.m.-5:00 p.m. EST.)

\*Digital subscription: Pay \$8.48 or \$16.96 today for your first month. Plan automatically renews monthly thereafter until you cancel.  
\*\*Digital + Workshops subscription: Pay \$29.74 or \$38.22 today for your first month. Plan automatically renews monthly thereafter until you cancel. Sold in participating areas only; may not be accepted for local workshops and/or Workshops in the workplace in all areas. Minimum enrollment and participation required to start and maintain Workshops in the workplace.

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