



Frequently Asked Questions

Q: What is WW?

A: WW is Weight Watchers reimagined. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

Q: Why is Windstream partnering with WW?

A: Windstream has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at a special price.

Q: Who can take advantage of the WW offerings?

A: All Windstream employees and medical plan enrolled spouses are eligible to participate. Workshops (which used to be called meetings) are not available in some areas in the U.S. To find out if the county you reside in is a non-participating area, please visit: <http://wwfranchisecountylist.com>.

If you reside in Arkansas and want to sign-up for the Digital + Workshop Program, contact Dee Hoy via email (wwofgardee@att.net) or phone (501-227-6500) to register. There is a three month minimum participation commitment required for the Digital + Workshop Program in the Arkansas Franchise.

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

Q: If I register for WW, will my membership and weight information be kept confidential?

A: Yes, it will. Although Windstream will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

Q: Do I need my Employee ID to sign up for WW?

A: Yes, you will need your Windstream Employee ID to sign up for WW. Please contact Windstream HR if you don't know your Employee ID. If you are a Spouse, please enter your spouse's Employee ID + S (no spaces).

Q: If I'm a current WW member can I receive the special pricing?

A: Of course! There's an option to link your current account through Windstream's registration process. If you have any issues, call WW at 1-866-237-6032 for assistance with getting your membership switched.

Q: What are the WW offerings and monthly cost through Windstream?

A: You can choose the plan that fits your lifestyle.

Offering 1: Digital

\$8.48 per month

Offering 2: Digital + Workshops

\$19.11 per month

You will be charged each month until you cancel your membership or if you are no longer eligible for the company subsidy. State taxes will be added where applicable.

Q: How do I cancel my WW membership?

A: Our cancellation process is hassle-free. You can easily cancel your membership on our website. Simply log in to your account, go to "Settings," > "Account" to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885.

If you have already been billed for your next month, call 866-204-2885 to receive a full refund for the upcoming month. Please note that you will not receive a refund for the month in which you cancel, except as provided in the Cancellation Policy.

Join WW today!

To sign up or for more information, visit ww.com/us/Windstream, and enter Employer ID: 11216946.

Questions? Call 866-204-2885 or email welnesshelp@weightwatchers.com.