

Experience our most customized program ever with *myWW*.™

When it comes to losing weight, everyone's needs are different. That's why, **for the first time ever**, WW is offering multiple ways to experience the journey with three different plans: Green, Blue, and Purple.



# 1 program, 3 ways to live it

Green

Green has a sizeable SmartPoints Budget and 100+ ZeroPoint foods including fruits and vegetables.

#### Blue

Blue has a moderate SmartPoints Budget and 200+ ZeroPoint foods including fruits, vegetables, and lean proteins.

#### Purple

Purple has a modest SmartPoints Budget and 300+ ZeroPoint foods including fruits, vegetables, lean proteins, and whole grains.

ZeroPoint ZeroPoint ZeroPoint ZeroPoint ZeroPoint

When you join WW, you'll be matched with a plan that best fits your lifestyle. Current members can choose which plan to continue based on their preferences.

## **Get started today!**

### To sign up or learn more, visit: <u>WW.com/us/OhioHealth</u>

WW subsidized monthly pricing is available only to eligible associates and covered dependents that are enrolled in the OhioHealthy Plan or Associates enrolled in the Opt-in to Wellness Benefit.



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