



Frequently asked questions



MEDICAL MUTUAL®

Q: What is WW?

A: WW is Weight Watchers reimagined. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

Q: Why is Medical Mutual of Ohio partnering with WW?

A: Medical Mutual of Ohio has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at a special price.

Q: Who can take advantage of the WW offerings?

A: All Medical Mutual of Ohio employees are eligible for an upfront discounted WW membership.

Workshops (which used to be called meetings) offerings are not available in some areas in the U.S. To find out if the county you reside in is a non-participating area, please visit:

wwfranchisecountylist.com

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

Q: If I register for WW, will my membership and weight information be kept confidential?

A: Yes, it will. Although Medical Mutual of Ohio will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

Q: If I'm a current WW member can I receive the special pricing?

A: Of course! There's an option to link your current account through your company's registration process. If you have any issues, call WW at 1-866-237-6032 for assistance with getting your membership switched.

Q: What are the WW offerings and monthly cost through Medical Mutual of Ohio?

A: You can choose the plan that fits your lifestyle.

Offering 1: Digital

\$5.09 per month

Offering 2: Digital + Workshops

\$11.47 per month

Offering 3: WW for Diabetes

(includes Digital + Workshops and one-on-one support from a Certified Diabetes Educator [CDE])
\$11.47 per month

You will be charged each month until you cancel your membership or if you are no longer eligible for the company subsidy. State taxes will be added where applicable.

Q: How do I take advantage of the subsidy offered by Medical Mutual of Ohio?

A: Enroll in WW by emailing weightwatchers@medmutual.com. Provide your name, date of birth and 12-digit ID number from your Medical Mutual member card or 6-digit employee number if you are not on the medical plan. You will then receive an enrollment guide.

Q: How do I cancel my WW membership?

A: Our cancellation process is hassle-free. You can easily cancel your membership on our website. Simply log in to your account, go to "Settings," > "Account" to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885.

Join WW today!

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Questions? Email weightwatchers@medmutual.com