



Program description

WW® provides personal encouragement, motivation and support for team members with the goal of weight loss or weight management. There are two subscriptions to choose from:

WW Digital + Workshops: Participants attend weekly workshops virtually or in the community that include confidential wellness check-ins and group discussion. The WW Digital tool is also included in this membership.

WW Digital: Designed for team members who want to lose or maintain weight but need maximum flexibility to fit their busy lifestyle. Includes easy-to-use digital tools that are supported by around-the-clock motivation from 24/7 Expert Chat.

Registration

Before registering, please cancel any existing membership by calling 866.204.2885. To register for either program visit ww.com/us/IUHealth and choose "Join Now."

Employer ID: 38785

Membership: Team members earning an hourly rate of \$18.15 or less select "Member." All other team members select the "Employee" option.

Employee ID: Your IU Health employee ID

Fees

Employees (team members earning an hourly rate more than \$18.15) pay more than 50% less than the community price.

WW Digital + Workshops*: \$19.11 per month (\$44.95 for non-IU Health members) *Eligible for one quarterly reimbursement of \$57.33 per program year. Must attend nine out of 12 workshops in a quarter OR use the digital tool three days per week for nine out of 12 weeks in a quarter to receive reimbursement.

WW Digital: \$8.48 per month (\$19.95 for non-IU Health members)

Members (team members earning an hourly rate of \$18.15 or less) are free.

WW Digital + Workshops: free

WW Digital: free



Indiana University Health



How to earn points

Receive 200 incentive points for the following:

WW Digital + Workshops: Attend nine out of 12 workshops in a quarter OR use the digital tool three days per week for nine out of 12 weeks in a quarter.

WW Digital: Use the digital tools three days per week for nine out of 12 weeks in a quarter.

You can earn points for up to three quarters per year for a possibility of 600 total points.

Important dates and deadlines

Team members are eligible to receive points three times per calendar year. Points earned during quarter four will contribute toward the next incentive year.

Quarter one: Jan. 1 – March 31

Quarter two: April 1 – June 30

Quarter three: July 1 – Sept. 30

Quarter four: Oct. 1 – Dec. 31



Indiana University Health

Learn more

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