



# Frequently Asked Questions

## DELTA WELLNESS

### Q: What is WW?

**A:** WW is **Weight Watchers® Reimagined**. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

### Q: Why is Delta partnering with WW?

**A:** Delta has teamed up with WW to bring you and your family a program that gives you real-life solutions to get healthier through Delta Health Rewards.

### Q: Who can take advantage of the WW Offerings?

**A:** Delta Medical Elect employees and spouses with a BMI 27.5 or higher are eligible to participate in WW Offerings at no cost for 5 months, after 5 months they can continue their WW journey at a 30% discount off of standard pricing.

### Q: If I'm a current WW member am I eligible for Delta's WW program?

**A:** Of course! As long as you are a Delta Medical Elect employee or spouse eligible to participate through Delta Health Rewards you can link your current account as part of the registration process. If you have any issues, call WW at 1-866-204-2885 for assistance with linking your accounts.

### Q: If I register for WW, will my membership and weight information be kept confidential?

**A:** Yes, it will. Although Delta will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

### Q: How do I find out if a WW Workshop in the workplace is offered at my worksite?

**A:** To find out if a WW Workshop in the workplace exists at your worksite, go to [Delta.WW.com](https://Delta.WW.com) and click on the Workshop Schedule tab.

You can also attend a Workshop at a WW Studio near you. To search locations and Workshop schedules visit the [WW website](https://WW.website).

### Q: What are the available WW offerings through Delta?

**A:** Delta Medical Elect employees and spouses who are eligible can choose any of these offerings. Delta will be covering the cost of these offerings for 5 months.

**Offering 1:** Digital

**Offering 2:** Digital + Workshops

**Offering 3:** WW for Diabetes (*for members diagnosed with Type 2 Diabetes*)

### Q: How do I cancel my WW offering?

**A:** Our cancellation process is hassle-free. You can easily cancel your membership on our website. Simply log in to your account, go to "Settings," > "Account" to view your cancellation options. If you would like assistance with cancelling your account, you can call 1-866-204-2885.

### Q: How can I earn back my Delta Health Reward using WW?

**A:** Earn back Delta Health Rewards for your BMI target. Alternative way to earn rewards. Members who meet this criteria earn Delta Health Rewards - \$100 HSA or HRA.

**Digital Members:** Enrollment and track food 4 x a week for a total of 6 weeks (doesn't need to be consecutive weeks)

**Digital + Workshops Members:** Enrollment and attend 6 workshops in the 5 month subsidy period

**WW for Diabetes Members:** Enrollment and attend 6 workshops in the 5 month subsidy period

Delta Medical Elect employees and spouses with a BMI 27.5 or higher are eligible to participate in the above WW Offerings at **no cost for 5 months**, after 5 months they can continue their WW journey at a **30% discount off** of standard pricing.

**Join WW today!**

To sign-up or for more information, visit [Delta.WW.com](https://Delta.WW.com).

Questions? Call 1-866-204-2885