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What is Weight Watchers®/WW?

WW is Weight Watchers reimagined.

Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. We will always have the best weight-loss program on the planet, and now we're putting our decades of experience in behavior change to work for an even greater mission. We are becoming the world's partner in wellness. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life.

As a reflection of our new mission, we are moving from Weight Watchers to WW—a mark that's rooted in the familiar but reimagined to welcome everyone who seeks to be healthier, not just manage their weight.

Why is Anthem partnering with WW?

Anthem has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at a special price.

If I register for WW, will my membership and weight information be kept confidential?

Yes, it will. Although Anthem will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

What are the WW offerings through Anthem?

Two WW offerings are available to you. You can choose the plan that fits your lifestyle.

Offering 1: Digital (previously referred to as *OnlinePlus*)

Offering 2: Digital + Workshops (previously referred to as *Meetings + OnlinePlus*)

Who can take advantage of the WW offerings through Anthem?

All full-time and part-time Anthem associates are eligible for the Anthem provided subsidy and Results Rewards. WW International covers about 86% of the U.S. The remaining areas are covered by various WW franchises. While Anthem subsidizes WW programming offered by WW franchises, associates will need to request reimbursement for the 50% of the franchise program cost (click [here](#) for more information). To see if the Workshops subscription is available in your area, please visit <http://wwfranchisecountylist.com>. If you are located in a franchise area, you can still enroll in the Digital program and receive the Anthem discount and subsidy.

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

Anthem spouses/domestic partners are eligible to receive Anthem's preferred rate of \$16.96 per month for the WW Digital program and \$38.22 per month for the WW Digital + Workshops program.

What is the cost of the WW offerings through Anthem?

Offering 1: Digital (previously referred to as *OnlinePlus*): \$8.48 per month

Offering 2: Digital + Workshops (previously referred to as *Meetings + OnlinePlus*): \$19.11 per month

State taxes will be added where applicable.

You will be charged the listed prices each month until you cancel your membership or if you are no longer eligible for the company subsidy.

How do I register for the WW offerings through Anthem?

You can purchase either of these offerings at www.weightwatchers.com/us/Anthem to receive a special price and subsidy. Register with your name and associate ID as they appear on your paycheck. For assistance, call 866-204-2885 (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET). If you have any questions you may also email wellnesshelp@weightwatchers.com.

If you are a current WW member, you can still take advantage of the discounted pricing and subsidy. Please call WW at 1-866-237-6032 (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET) for assistance with getting your membership switched to the Anthem special pricing.

How do I take advantage of the Results Rewards offered by Anthem?

Anthem will reimburse members who lose 5% of their starting weight, their cost of WW up to 6 months. Subsequent reimbursement will only occur for successive 5% losses.

Example 1: You lose 5% of your starting weight within 6 months. You are eligible to receive full reimbursement for the portion you paid for your WW offering, less applicable taxes.

Example 2: You lose 5% of your starting weight within 7 or more months. You are eligible to receive 6 months reimbursement for the portion you paid for your WW offering, less applicable taxes.

Example 3: Your starting weight was 210.5 lbs and you received a “Results Reward” when you reached 200 lbs. (a 5% weight loss). You will need to lose a minimum of 5% from the new starting weight of 200 lbs. (weigh a maximum of 190 lbs.) before you will be able to receive an additional “Results Reward.”

Please remember: If you lost 5% of your starting weight and receive reimbursement BUT you gain that weight back, you cannot receive another “Results Reward” for the 5% again.

Also, when you meet certain criteria, you become a Lifetime Member and may be eligible to participate in the Wellness Workshops at no cost. Ask your WW Coach for more details.

How do I cancel my WW membership?

Our cancellation process is hassle-free. You can easily cancel your Digital or Digital + Workshops (previously known as Meetings + Online*Plus*) membership on our website. Simply log in to your account, go to “Settings,” and then go to “Account” to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885.

If you have already been billed for your next month, call 866-204-2885 to receive a full refund for the upcoming month. Please note that you will not receive a refund for the month in which you cancel, except as provided in the Cancellation Policy.