

# Shop for success!

Want to make getting (and staying!) healthy even easier? Say hello to our range of delicious, good-for-you foods, available in your local supermarket. With storecupboard staples, snacks and programme-friendly meals all to hand, you can turn to them on busy days

#### **Bakery**

**Caramel Cake Bars** Morrisons and Tesco **Chocolate Mini Rolls** Asda, Morrisons and Tesco High Protein Wraps Asda Malted Danish Bread Asda, Co-Operative, Morrisons, Sainsbury's and Tesco **Mini Garlic & Coriander** Naan Breads Morrisons **Thick Wholemeal Bread** Asda, Co-Operative, Morrisons and Sainsbury's White Danish Bread Co-Operative and Iceland White Wraps Asda, Iceland, Morrisons and Tesco Wholemeal Wraps Tesco



#### Chilled prepared meals

Bolognese Al Forno Ready Meal Asda and Morrisons Chicken & Mushroom Pie Ready Meal Asda and Morrisons **Chicken Lasagne** Ready Meal Asda Chicken Tikka Ready Meal Asda and Morrisons **Chilli & Wedges Ready** Meal Asda **Creamy Mac & Cheese** Ready Meal Asda **Crustless Bacon** & Leek Quiche Asda **Crustless Cheese** & Onion Quiche Asda **Hunters Chicken & Rice** Ready Meal Asda Jamaican Jerk Chicken with Rice Ready Meal Asda and Morrisons **Red Thai Curry with Jasmine** Rice Ready Meal Asda Sausages & Mash Ready Meal Asda and Morrisons

## Dairy

**Apricot & Nectarine Yogurts** Asda, Morrisons and Waitrose **Berry Fruit Fromage Frais** Asda, Morrisons, Sainsbury's, Tesco and Waitrose **British Favourites Yogurts** Asda, Co-Operative, Morrisons, Tesco and Waitrose Cheddar Block Asda and Morrisons Cheese Triangles Asda **Citrus Fruit Yogurts** Morrisons, Sainsbury's and Tesco **Dessert Recipe Yogurts** Asda, Sainsbury's and Tesco Grated Cheddar Asda Sliced Cheese Asda. Morrisons and Tesco **Summer Fruit Fromage Frais** Asda, Morrisons, Sainsbury's, Tesco and Waitrose **Summer Fruit Yogurts** Asda, Morrisons, Sainsbury's, Tesco and Waitrose **Toffee & Vanilla Flavour** Yogurts Asda, Morrisons, Sainsbury's and Tesco

### Storecupboard

**Caramel Wafers** Morrisons, Sainsbury's, **Tesco and Waitrose Chocolate Biscuits** Morrisons, Sainsbury's, Tesco and Waitrose **Ginger & Lemon Cookies** Morrisons, Sainsbury's and Tesco **Mature Cheddar** & Caramelised Onion Crisps Multipack Poundland **Milk Choc Digestives** Co-Operative, Morrisons, Sainsbury's and Tesco **Oat Digestive Biscuits** Sainsbury's and Tesco **Oatv Choc Chip** Mini Cookies Tesco **Ready Salted Crisps** Multipack Poundland **Roast Chicken Crisps** Multipack Poundland **Sour Cream & Chive Crisps** Multipack Poundland **Sweet & Salty Popcorn** Poundland

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