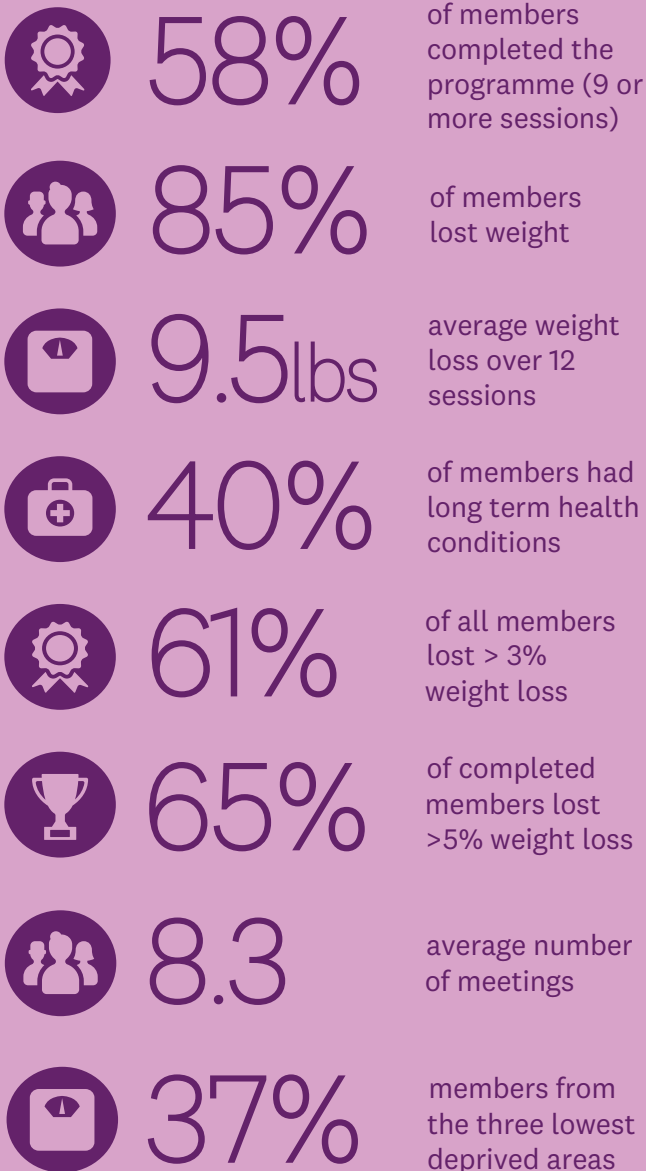


# Hampshire Year Two Analysis

1st October 2017 - 30th September 2018

WW and Hampshire County Council have been working together to offer residents the opportunity to join WW for free.

A snapshot of year two:



## Average Weights



Start Weight - 101.6kg    Start BMI - 37.0  
End Weight - 97.2kg      End BMI - 35.4



94% of members would recommend to family and friends



96% of members were satisfied

## Member Feedback

*"Overall this was an extremely positive experience and I am most grateful for the opportunity I was given to get my weight back on track and enjoy associated health benefits"*

*"I am amazed at how much weight I have lost so far, without being hungry but still eating plenty"*

*"The programme is superb, everyone should be on it"*

*"Losing weight through WW has dramatically improved my wellbeing as well as improving my confidence"*

*"I think this is the best weight lost plan i've ever followed with a fab coach"*

If you would like more information on how WW can help you, please contact:

[referral@weight-watchers.co.uk](mailto:referral@weight-watchers.co.uk)

Working with  
 Hampshire  
County Council

 **Health  
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