

Tier 2 adult weight management programme

WW Reimagined in collaboration with St Pauls Surgery

WW and Hampshire County Council are working together to offer residents the opportunity to join WW for free

In collaboration with St Pauls Surgery, patients with a BMI over 30 received a letter inviting them to join a WW Workshop based at the surgery. This included access to WW digital tools.

At the first Workshop:

- 52 members enrolled (including 15 men) onto the programme
- 73% of members completed the programme
- Average weight loss was 12.6lbs.
- Average BMI change of 2.06kg/m².
- 31% of members came from the lowest three areas of deprivation

WW would love to extend this offer to your practice

For surgeries who do not have the facility to accommodate a WW Workshop™ on site, we can offer membership at Workshops close to the surgery.

“The Surgery have been really impressed by the impact that the WW programme has had on those patients whom took up the offer and completed the course. These patients have not only lost weight but feel great and have reduced their medical risk levels. A healthy lifestyle is the best preventive cause of medicine. We hope more patients who meet the criteria > 30 BMI make use of this invaluable service.”

Phillip Heiden - Practice Manager



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The impact of WW is clear



93%

of members lost weight



40st

combined weight loss for members



41%

of members had long term health conditions



71%

of members lost > 3% weight loss



55%

of members lost > 5% weight loss

Participants - 29% male and 71% female

5% weight loss can lead to improved cholesterol, blood pressure, blood sugar, mood and quality of life.

Get in touch

To take advantage of these opportunities, contact:
referral@weight-watchers.co.uk



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